

**Psalm 5**

Are you a morning person?

Was David a morning person?

What makes mornings difficult ...

A. Lack of \_\_\_\_\_

B. The challenges of \_\_\_\_\_ !

Two great ways to restart how you start!

1. Add \_\_\_\_\_ to your coffee.

2. Get dressed in \_\_\_\_\_ before you leave.

Morning as a symbol of \_\_\_\_\_.