

Sermon: "Thinking Clearly About Stress." Andrew G. Ross.
Northminster Presbyterian Church, Tucson, Arizona. February 12, 2006

Colossians 1:1-14.

Stress is a reality of life.

My theory of stress: We are like ...

You don't want to be overly _____!

You don't want to be _____!

The Colossians needed ...

1. They were _____ on Jesus!
2. They were _____ on lesser things!

Cool Hand Paul: "Grace and peace"

"To the holy and faithful brothers in Christ at Colosse"

"Grace and peace to you from God your Father."

... is our tuner!

"asking God to fill you with the knowledge of his will through all spiritual wisdom and understanding."

_____ is that hand that adjusts our tuning!

"For this reason, since the day we heard about you, we have not stopped praying for you"

"we pray this in order that you may live a life worthy of the Lord and may please him in every way"

_____ is our key of life!

"that you ... may please him in every way: bearing fruit in every good work, growing in the knowledge of God, being strengthened with all power according to his glorious might so that you may have great endurance and patience, and joyfully giving thanks to the Father"

Our _____ has already been written!

"For he has rescued us from the dominion of darkness and brought us into the kingdom of the Son he loves, in whom we have redemption, the forgiveness of sins."

SERMON NOTES